

# FSC Precautionary Measures Coronavirus (COVID-19)

FSC is taking all the necessary precautions regarding the COVID-19 virus to enable our customers to train in the safest possible environment. By following strict guidelines and taking the necessary Health & Safety measures we can still make the best out of it. We are here to help and cater to the needs and requests for everyone.

*We monitor the situation every day and will take extra measures when necessary.  
In times like this, it is all about creating solutions and supporting each other.*

## Latest News & Updates

- Use of **face masks is mandatory** inside all simulators. Please note that facemasks need to be provided by customers themselves and will not be available at the facility
- We carry out an **entry check** when entering the building
- Always keep 1.5 meter distance to social contacts
- No gathering with more than 3 persons outside
- All restaurants, cafes and entertainment facilities in the Netherlands will remain closed until **May 19<sup>th</sup>**. All events with report- and licensing obligations will be forbidden until the **1<sup>st</sup> of September**. Further measures will be decided the week before **May 19<sup>th</sup>**.
- Stay home unless you have to go to work, do shopping or to care for other people
- If any member of a family is ill, the entire family should stay home, apart from people in an essential profession
- Shops and public transport companies must take measures to ensure people remain 1.5 meters apart
- Hotels and shuttle services are still open and available. Restaurants in the hotels will open only for guests as of May 2<sup>nd</sup>.



### Symptoms & Contagiousness

- Fever, at least 38°C
- Coughing
- Nose cold
- Sore throat
- Shortness of breath
- Very contagious and can be transmitted by a person even without the so called symptoms

### When to stay at home

- At any time, stay at home if possible
- Stay at home, if you experience health problems / influenza indicators like sneezing or coughing



## Precautions in General

- > Keep 1.5 meter distance to social contacts
- > Don't shake hands
- > Wash your hands frequently
- > Sneeze or cough in your elbow
- > Don't touch your face



## Precautions in simulator

- > Use of face mask is mandatory
- > No use of smoke generator and oxygen masks, only upon request for exam
- > Do not enter the simulator when it's in maintenance, the gate of the bridge will remain closed when in maintenance, please respect this
- > No use of headphones, only upon request
- > If headset is used, all mouth- and earpieces will be cleaned
- > We pay high attention in cleaning the simulator after each session
- > When there are technical complaints we ask you to exit the simulator and follow the received instructions
- > On request we provide disinfection wipes in the simulator to clean surfaces before and after use of the simulator



## Advice

- Make room and give space when passing by
- Go to your simulator or briefing / debriefing room if possible
- Do not use the smoking area with more than 2 people at once



Keep distance!  
1.5 M

